

## BEAST of the EAST

### Women's Individual WOD 4 – 1rm Turkish Get up

#### Heat Assignments

|      |                   |   |
|------|-------------------|---|
| 1100 | Deb Anderson      | 6 |
| 1101 | Monique Angell    | 6 |
| 1155 | Jessica Laux      | 6 |
| 1107 | Jessica Colburn   | 6 |
| 1141 | Natasia Sabatino  | 6 |
| 1109 | Sarah Cunningham  | 6 |
| 1115 | Jordan Heidkamp   | 6 |
| 1108 | Sarah Skarp       | 6 |
| 1148 | Melanie Speranza  | 6 |
| 1106 | Carrie Bowman     | 6 |
| 1104 | Erin Blette       | 6 |
| 1105 | Jen Bolduc        | 6 |
| 1103 | Angel Bartlett    | 6 |
| 1147 | Erica Spelko      | 6 |
| 1149 | Susan Stephens    | 6 |
| 1150 | Lindsey Stroker   | 6 |
| 1113 | Christina Gloger  | 6 |
| 1145 | Barbara Sessa     | 6 |
| 1102 | Michele Barbone   | 6 |
| 1136 | Meagan Powers     | 6 |
|      |                   |   |
| 1134 | Samantha Orme     | 7 |
| 1132 | Megin O'Testa     | 7 |
| 1119 | Ali LeBlanc       | 7 |
| 1121 | Sarah Mahan       | 7 |
| 1125 | Rachel Martinez   | 7 |
| 1114 | Kathryn Lebfried  | 7 |
| 1151 | Denise Thomas     | 7 |
| 1154 | Katie Wasalaski   | 7 |
| 1146 | Dana Siegfried    | 7 |
| 1156 | Michelle Wisla    | 7 |
| 1137 | Kate Rawlings     | 7 |
| 1158 | Emily Pale        | 7 |
| 1144 | Mickey Schultz    | 7 |
| 1112 | Lauren Fleri      | 7 |
| 1159 | Vanessa Montorsi  | 7 |
| 1161 | Lauren Plumey     | 7 |
| 1117 | Brianne Jackolski | 7 |
| 1120 | Teresa Luz        | 7 |
| 1122 | Kristy Phillips   | 7 |