

BEAST of the EAST
 Men's Individual WOD 4 – 1rm Turkish Get up
 Heat Assignments

| | | |
|------|-------------------|---|
| 1211 | Brenden Bloom | 1 |
| 1292 | Jim Meanix | 1 |
| 1271 | Derek Javarone | 1 |
| 1312 | Paul Sebastian | 1 |
| 1318 | Jason Soehngen | 1 |
| 1342 | Matt Murphy | 1 |
| 1310 | Donnie Durando | 1 |
| 1331 | Mark Warren | 1 |
| 1233 | Rob Emhoff | 1 |
| 1218 | Erik Castiglione | 1 |
| 1204 | Michael Baptista | 1 |
| 1319 | Michael Sovak | 1 |
| 1291 | Dylan Meanix | 1 |
| 1230 | Marcus Doucet | 1 |
| 1208 | Steve Belmonte | 1 |
| 1336 | Alexander Wong | 1 |
| 1327 | Rotsen Vazquez | 1 |
| 1313 | Martin Shea | 1 |
| 1201 | Matthew Apol | 1 |
| 1235 | Michael Erossy | 1 |
| 1328 | Frank Volpe | 2 |
| 1311 | Patrick Scribner | 2 |
| 1332 | Rob Wasalaski | 2 |
| 1285 | Jack Marchese | 2 |
| 1296 | Harry O'Hanley | 2 |
| 1213 | Travers Breen | 2 |
| 1289 | Tyler McBride | 2 |
| 1284 | Bill Malcomb | 2 |
| 1279 | Greg Lobotsky | 2 |
| 1260 | Ryan Hansen | 2 |
| 1309 | Jason Schreiber | 2 |
| 1268 | Will Huntington | 2 |
| 1333 | Mitchell Westwood | 2 |
| 1275 | Joe Kowalczyk | 2 |
| 1224 | Drew Crandall | 2 |
| 1329 | Findlay Walsh | 2 |
| 1250 | Carlos Gibson | 2 |
| 1303 | Andrew Romeo | 2 |
| 1229 | Albert Dela Pena | 2 |
| 1320 | Roger St. Onge | 2 |
| 1324 | Tyler Tom | 3 |

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|------|-------------------|---|
| 1226 | Brian Cusano | 3 |
| 1239 | Ian Fogarty | 3 |
| 1341 | Jonathan Stuart | 3 |
| 1298 | Tim Devine | 3 |
| 1203 | Bob Ballok | 3 |
| 1321 | Michael Tiberia | 3 |
| 1295 | Jeremy Mullins | 3 |
| 1317 | John Smulligan | 3 |
| 1300 | Steven Raboin | 3 |
| 1200 | Douglas Acker | 3 |
| 1297 | Ryan Sherman | 3 |
| 1236 | Michael Fantini | 3 |
| 1206 | Jake Bassham | 3 |
| 1288 | Gerry Matyschsyk | 3 |
| 1305 | Nicholas Saccente | 3 |
| 1228 | Mark Dela Pena | 3 |
| 1290 | John Mcevoy | 3 |
| 1267 | Jack Hile | 3 |
| 1307 | Gerald Sasser | 3 |
| 1337 | Ron Yellin | 4 |
| 1308 | Logan Schechter | 4 |
| 1245 | Bryan Gardner | 4 |
| 1262 | Mark Hardy | 4 |
| 1339 | Kevin Yurchak | 4 |
| 1249 | Robert German | 4 |
| 1214 | Timothy Burke | 4 |
| 1216 | Patrick Byrnes | 4 |
| 1205 | Anthony Baranta | 4 |
| 1299 | David Plumey | 4 |
| 1202 | Shane Arikian | 4 |
| 1315 | Chris Simister | 4 |
| 1254 | Bryce Graskoski | 4 |
| 1294 | Erik Miller | 4 |
| 1269 | Mark Izzo | 4 |
| 1278 | Daniel Romano | 4 |
| 1283 | Brendan Lynott | 4 |
| 1259 | Frank Hammell | 4 |
| 1301 | Blake Hood | 4 |
| 1207 | Kyle George | 4 |
| 1222 | Brian Costello | 5 |
| 1231 | Shaun Eagen | 5 |
| 1270 | Trevor James | 5 |
| 1335 | Joel Willis | 5 |
| 1237 | Jack Fecteau | 5 |

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|------|-------------------|---|
| 1261 | Ian Hardin | 5 |
| 1281 | Cody Loeffler | 5 |
| 1209 | Ian Berger | 5 |
| 1340 | Brian Quinlan | 5 |
| 1212 | William Boylan | 5 |
| 1256 | Chris Guerrero | 5 |
| 1244 | Kurt Garceau | 5 |
| 1322 | Brent Tittle | 5 |
| 1293 | Aaron Meredith | 5 |
| 1220 | David Charbonneau | 5 |
| 1326 | Daniel Tyminski | 5 |